



Wednesday, Sept. 14, 2022 | Edition #50



Hello Student Affairs Colleagues!
I am excited to have the opportunity to be in community with you this Friday at the *Division of Student Affairs All Staff Gathering*. This gathering is an opportunity to connect with colleagues from across the Division, meet some of the outstanding leaders from across Student Affairs, hear about some divisional priorities, and get new headshots as we look towards updating websites. I'll look forward to seeing you there.

Currently I am visiting staff meetings across the Division so that I can become more aware of the great work happening and elevate it with other university leaders every chance I get. Thank you for the welcoming environment each team has created and I eagerly anticipate meeting with the rest of our teams.

As we continue to be keenly aware of mental health needs, and in particular as we enter Suicide Awareness Month, I want to deeply affirm my appreciation for your ongoing support of our students. Please consider refamiliarizing yourself with the resources at mentalhealth.unm.edu as we move towards a phase in the semester where students may experience greater challenges in stress and adjustment. With appreciation,



HEP is a federally funded five-year discretionary grant which provides a unique opportunity for individuals and their families with migratory or seasonal farm working backgrounds to obtain their HSE. This program offers participants the opportunity to earn their HSE diploma through intensive preparatory instruction, tutoring, and supportive services.

2022 Fall Career Fairs

onlinecareerservices@unm.edu 505.277.2531 career.unm.edu Engineering and Science Sept 14

Business and Accounting Sept 15



UNM Engineering & Science Job & Internship Fair

Wednesday, Sept. 14 10 a.m. to 2 p.m. SUB Ballrooms

UNM Business & Accounting Job & Internship Fair

Thursday, Sept. 15 10 a.m. to 2 p.m. SUB Ballrooms



STUDENT HEALTH & COUNSELING

2022 OPEN HOUSE

September 15, 2022 11am-1pm

Come meet your SHAC providers and tour your newly renovated campus health center!

Free Food, Music, Giveaways, and More!

Join SHAC for their Open House as they showcase their newly renovated health center through a facility tour, highlighting department specialties and student health organizations through a health fair tabling event, as well as healthy snacking options for lunch.



One-of-a-kind outdoor Silent Disco on campus! Three 3 DJs and a massive light show in the newly remodeled Smith Plaza. At a silent disco or silent rave you get down, but the music won't bump through the speakers, instead it's broadcasted via radio transmitter directly through the headphones we provide. Don't miss this one of a kind experience. Free Admission. UNM Students only. Bring your Lobo ID! This event is sponsored by ASUNM Student Special Events, ASUNM Lobo Spirit, and University Communications and Marketing.

SEPTEMBER IS SUICIDE AWARENESS MONTH



Mental health conditions impact millions of Americans' lives daily. Friends and family members are left to navigate an often confusing and complex issue. But there is hope. Suicide is largely preventable. Many effective programs, services and strategies exist and help is available. While we continue to persevere amidst an unprecedented health crisis, we can, as one UNM community, take this opportunity to come together to improve our understanding of mental health.

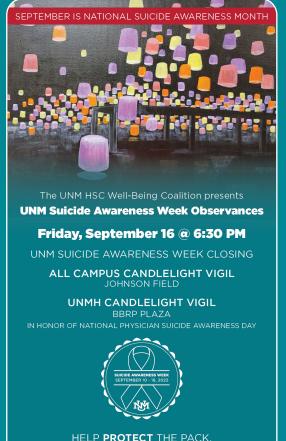
The UNM HSC Well-Being Coalition is proud to bring you a week of activities focused on suicide awareness and prevention. This annual campaign aims to educate and inform our community about the warning signs and prevention of suicide. It also strives to reduce

the stigma surrounding suicide and encourages the pursuit of mental health assistance, because going to therapy should be as normalized as going to the gym.



this safe, cozy space for supportive listening.

HELP **PROTECT** THE PACK.
TOGETHER WE CAN HELP **PREVENT** SUICIDE.



TOGETHER WE CAN HELP PREVENT SUICIDE.



