

Wednesday, Dec. 6 | Edition #94

### Message from the VP



Dear Student Affairs Colleagues,

As we approach finals week and reflect on this semester, I am so proud of your work supporting our students and the ways in which we are charting a path together to strengthen our division built on foundations of student success and university service. Right now we have an incredible opportunity to influence that path as all regular employees of the division have been invited to participate in a survey to kick off our strategic planning process. Participation in the survey and strategic planning process is an important responsibility, and I am excited to announce that to provide an additional incentive, we will be drawing from completed surveys for five \$25 UNM Bookstore gift cards. Please remember to complete your survey, which is anonymous but with a link unique to you, by December 21st, 2023 in order to be considered for the drawing.

As finals week can be a stressful time, I want to forefront our broad suite of services offered across the division to assist students with basic needs, managing stress, and general wellbeing. As I shared in the Regents SSTAR committee yesterday, our division is poised to help our students be successful in the many facets of collegiate life which will ultimately position them for academic success. This year, the university invested in TimelyCare which offers virtual wellness resources to students that supplement our outstanding resources at SHAC. I hope you will take a moment to provide support and encouragement to our students during this busy time and remind them of our many resources for wellbeing at UNM.

With appreciation, Eric

## Little Lobo Holiday Wish Fund



In the spirit of giving, let's come together as a division to make the holiday season a little brighter for some of our student parents this year! The Dean of Students Office has created The Little Lobo Holiday Wish Fund in collaboration with the UNM Children's Campus to raise \$10,000 to give \$100 gift cards to 100 of our student families.

Please consider making a donation of any amount via the <u>Little Lobo Holiday Wish Fund</u> <u>page</u>between now and December 11 to help us meet our goal. Gift cards will be distributed to our student families with enough time to make their holidays extra special for their little Lobo(s).

## **SUB Late Night Breakfast**



The SUB is once again hosting their Late Night Breakfast this Sunday, Dec. 10, from 7 to 10 p.m. in the Student Union Building. This popular event features free food, live music, games, giveaways, raffles and more! Students will need to bring their Lobo ID to be admitted to this free event.

# **Lobo Food Pantry Fall 2023 Hours**



Just a reminder that the Lobo Food Pantry is open Monday to Friday from 11 a.m. to 5 p.m. for the fall semester. The Food Pantry is open to students. Please bring your lobo id. Donations are also welcomed!

### **TimelyCare Reminder**



With finals next week, the end of the semester approaching, and winter break right around the corner, things may feel a bit more stressful for our students. We wanted to take this opportunity to remind you about the wellness resources available to our students through the <a href="UNM TimelyCare">UNM TimelyCare</a> app.

Students can receive free, 24/7 virtual care and access to on-demand and scheduled medical providers who can treat a wide range of common conditions and concerns, including:

- Cold and flu
- Sinus infections
- Allergies
- Pink eye
- Dermatology

In addition, there are wellness resources available that can help students learn about stress and how to manage it with intentional techniques, yoga, and meditation, videos, tips, and skills-building.

Students can download the <u>TimelyCare</u> app and register with their UNM email address to access free self-care resources wherever they need it.

# **Emerging Lobo Leaders Applications Sought**



Emerging Lobo Leaders is seeking applications for Lobos who want to get involved on campus, connect with peers, build a resume and become a leader. Apply here by Sunday, Jan. 21, 2024.



