

WRC WEEKLY NEWS LETTER

RECENT NEWS

We have a lot of new and exciting things coming up, including the launch of our new bystander trainings (More info in ongoing services). Some of the more recent news includes the name change of our program SART to the new name SMART. Also we have an upcoming Negotiation workshop in November (Info Below). For breastfeeding mothers, we wanted to inform and encourage you to use the new QR code that we have provided at the sign stations. Last but not least don't forget to exercise your right to go vote!

WRC EVENTS

-The Moment of Truth

This workshop will focus on how to have difficult conversations with potential partners about sex. We will go over how you can talk about your status regarding sti's and about how to navigate the conversation about getting tested. Also, how to talk about the things you or your partner might want to explore within an intimate setting. We will also go over how your past or your partners past has a lot to do with what you are comfortable with now and how to approach that conversation as well. Finally we will discuss how having conversations after a mistake occurs can be normal and healthy.

When: Thursday, November 6th at 6pm to 7pm

Where: UNM Student Union Building Fiesta A&B

-Women And Leadership Series, Part Two: Negotiation Week

Join the WRC and Career Services with continuing our Women and Leadership Series with Part Two: Negotiation Week!

"There are many things we policymakers, business owners, hiring managers, and individuals can do to fight the wage gap. But, of all the things we can do, telling women to give in to the realities of sexism and give up negotiating shouldn't be one of them."

-Kate Farrar, AAUW

“Negotiation in the Classroom”

Tuesday, November 11th 2:00-3:00pm

@Tailblazer/Spirit

“Negotiation Beyond the Classroom”

Thursday, November 13th 2:00-3:00 pm @Mirage/Thunderbird

“\$tart \$mart Salary Negotiation Workshop”

Saturday, November 15th 11:00am to 2:00 pm

@Dane Smith Hall room 234

Food will be provided at all events

Register for the sessions at:

women@unm.edu

OR

Call 505.277.3716

Flyers Attached at the bottom

WRC ONGOING SERVICES

COFFEE, TEA, AND CHOCOLATE- The WRC offers free coffee, tea and chocolate. All you have to do is stop by.

COMPUTER POD- We have six computers that are open and

family friendly to the University and the community along with FREE printing.

COUNSELING- We also offer counseling services, just stop by or call and we will help you set up an appointment.

BOOK AND VIDEO LIBRARY- We have an extensive book and video library with a variety of topics. It is open for check out to the University.

ADVOCACY- Our center is a safe zone and a place you can look for advocacy, we start by believing.

BYSTANDER TRAININGS- We have bystander trainings every 2nd and 4th Tuesday of each month in our group room from 12-1pm.

TRAIN THE TRAINER- We offer trainings to teach and educate people on how to give sexual assault prevention training held in our group room every 1st and 3rd Monday of the month from 3-5pm.

STUDENT GROUPS

Feminist Majority Leadership Alliance (FMLA):

Meeting Time: Every other Friday at 1:00 pm in Fiesta A&B, third floor of the SUB, the next meeting will be held Oct. 31st!

Find FMLA on Facebook under "Feminist Majority Leadership Alliance at UNM" for more information.

Theta Nu Xi

November 7th is Theta Nu Xi's ONE on ONE Speed Dating in Santa Ana A&B!

CAMPUS EVENTS TO LOOK OUT FOR

-Amnesty International Human Rights Conference:

"Amnesty West is heading to the Land of Enchantment! The 2014 Western Regional Conference will be held in Albuquerque, New Mexico November 7-9, 2014. Join us for three days of learning, networking, skills-building and activism around domestic and international human rights issues. This year's conference will continue the tradition of providing exceptional educational workshops, opportunities to meet and share with like-minded individuals, access to phenomenal speakers and leaders in the human rights field, and building momentum to take back to your own community."

For more information,

visit <http://www.amnestyusa.org/events/regional-conferences/western-regional-conference>

OTHER OPPORTUNITIES

-The Other Freshman 15:

<http://otherfreshman15.org/>

What Is It?

This website to raise awareness for this important issue and to make it easy for STUDENTS, PARENTS, and ALUMNI to voice their opinion directly with the leaders of our universities. It will only take 1 minute to email your school's president today and ask friends to JOIN IN! "

" More than a weight gain during the first year of college, The Other Freshman 15 is a term reminding us that sexual assault can be more frequent during the first 15 weeks of school. ONE out of FIVE students experience rape or sexual assault while they are in college, and in the great majority of cases (75-80%), the victim knows the attacker. Only by working together will we find the

solutions that can keep our campuses safe for all students."

-The RESPECT Challenge:

<http://www.futureswithoutviolence.org/announcing-the-2014-respect-challenge/>

A little respect goes a long way. Who would you like to thank for teaching you Respect? Share your story for a chance to donate \$10,000 to a school or nonprofit of your choice, a VIP trip to NYC for two, and a \$500 Macy's Shopping Spree!
#RespectChallenge2014

-Start By Believing:

<http://www.startbybelieving.org/>

Start By Believing in the Daily Lobo:

<http://www.dailylobo.com/article/2014/10/start-by-believing-unm>

What Is It?

"Start by Believing is a public awareness campaign uniquely focused on the public response to sexual assault. Because a friend or family member is typically the first person a victim confides in after an assault, each individual's personal reaction is the first step in a long path toward justice and healing. Knowing how to respond is critical—a negative response can worsen the trauma and foster an environment where perpetrators face zero consequences for their crimes. "

-It's On Us: <http://itsonus.org/>

To RECOGNIZE that non-consensual sex is sexual assault.

To IDENTIFY situations in which sexual assault may occur.
To INTERVENE in situations where consent has not or cannot be given.
To CREATE an environment in which sexual assault is unacceptable and survivors are supported.

EMPLOYMENT OPPORTUNITIES

The WRC is looking for a Mentor/Leadership GA (Graduate Assistant) and a Men’s Programing GA.

For more information contact the WRC at women@unm.edu or reach us at our phone number 505-277-3716

Thank You and hope you all have an awesome week!